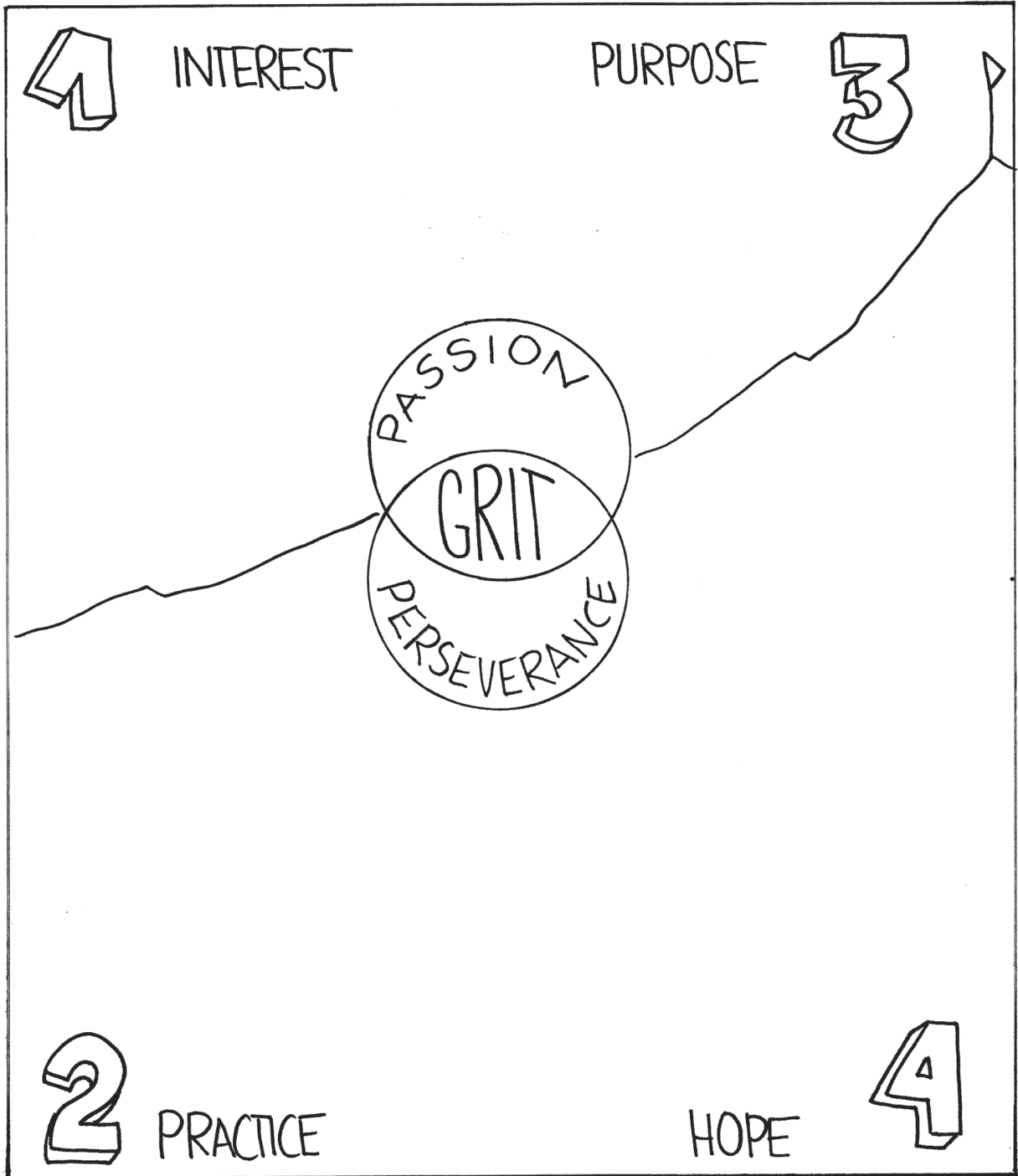


# HOW TO BUILD YOUR GRIT

THE  
WORKSHEET



WHERE AND HOW CAN YOU CULTIVATE MORE STRENGTH?